



Idaho Trails Association | P.O. Box 165 | Boise, Idaho 83701
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Covid-19 Guidelines for Volunteers

This document contains the special policies and procedures that ITA has implemented to reduce the risk of COVID-19 to our staff, volunteers, contractors, and the general public. Please review and follow these procedures carefully.

The following policies apply to all participants in ITA field projects, with special requirements during multi-day projects. Crew Leaders should be familiar with and perform these tasks and convey this information to each other.

ALL FIELD PROJECTS

Volunteers screening checklist. The day before a project, each person will complete the COVID-19 Screening Checklist. Any person who answers yes to any of the COVID-19 screening criteria will not be allowed to participate in the project.

Travel individually or with people you reside with to the trailhead. Do not carpool with others.

Maintain physical distancing of ten feet while working and at least six feet at all other times.

Wear face coverings in any place where you group up, such as in camp.

Practice good hand hygiene. Cover coughs and sneezes.

Do not share food, snacks, water, or food preparation with anyone else.

- Bring your own gloves and safety glasses. If you do not have these items, ITA will provide them and you will take them home with you.
- Use the same tool as much as possible during the workday. If exchanging tools, disinfect them before use.

Disinfect surfaces, tools, PPE, and other objects each day.

Immediately report any symptoms or health concerns to the Crew Leader.

Multi-day projects

Daily check. At the beginning of each workday on a multi-day project, crew leaders will check with each volunteer to see if anyone has a cough, an issue with breathing, or feels bad in any way. If someone says yes, the crew leader will take his or her temperature. Anyone with a temperature

above 100.4°F should be evacuated.

The crew leader will ensure that the group has a COVID-19 Kit at the campsite

Separate each tent from others by at least 20’.

Disinfect shared toilets after each use.

HOW TO DISINFECT

If hands or surfaces are dirty, they should be cleaned using soap and water prior to disinfection. Soap and water are still the best method of cleaning for Covid-19.

For disinfection, most common EPA-registered household disinfectants should be effective. For hands, use hand sanitizer. For tools and equipment, use Clorox wipes or Lysol spray, ITA will also provide 4oz bottles of sanitizer, cloth rags, gloves and ziplock bags to be used for tools and equipment. For electronics and touch screens, if no manufacturer guidance is available, consider the use of alcohol-based wipes or sprays containing at least 70% alcohol. Dry surfaces thoroughly to avoid pooling of liquids.

COVID-19 EQUIPMENT LIST

This equipment should accompany every ITA project, both one-day and multi-day and each volunteer is expected to know and follow these directions.

- Full pack(s) of hand/body/baby wipes
- 4 fl oz bottles of hand sanitizer (issue one per crew volunteer)
- Disposable bleach wipes
- Plastic bags
- 2 kitchen-sized trash bags
- Four large (gallon) ziplock bags for basecamp
- 4-8 ziplock bags (quart-size) for used wipes and gloves
- Disposable nitrile gloves, multiple sizes
- Facemasks (one mask per crew volunteer, per day)